



SANCTUARY REFLECTION GUIDE

March 2, 2025

Title: The Illusion of Limitation

Preacher: Rev. Paul Rasmussen

Scripture: 1 Cor 12:22-25, Hebrews 13:2

What if God is calling you to something bigger than your resources? Oftentimes, we let limitations—money, time, ability—dictate what we think is possible. But what if God is ready to provide in a way we never could have expected, if we will only step out in faith?

Twenty-five years ago, asking this question changed the course of our church. It led us to launch [Belong Disability Ministry](#), which has changed our community for the better. It has changed the way we think, the way we act, and our understanding of hospitality. In this sermon, we celebrate what God has done through Belong and challenge ourselves to consider: Where might God be calling us to trust Him beyond our limitations? And who else might God be calling us to show hospitality to, breaking down any barriers so they can find a place to belong as valuable members of God's family?

REFLECTION QUESTIONS

1. What stuck out to you about this sermon? Was there an idea that was particularly meaningful or challenging for you?
2. Scripture encourages us to bring our requests to God in prayer, and we are *also* called to listen. Why do you think we often neglect spending time listening to God? What might help us grow in listening?

3. Can you think of a time—whether in Scripture, your own life, or someone else’s—when God provided in an unexpected way? What might that teach us about trusting God?
4. Read 1 Cor. 12:21-26 together. How does this passage shape or challenge your view of the Church? What does it have to say about how we value one another in our communities?
5. What does hospitality mean to you? What is one step we could take as a group or church to be more hospitable to those who feel like outsiders?

WEEKLY PRACTICE

Prayer is a conversation with God, which means that it involves both talking and *listening*. This week, we invite you to **spend some time in listening prayer**. As we consider the tasks that God may be commissioning for and the people He may be calling us to serve, let’s give God the floor by opening ourselves in silence to hear whatever the Holy Spirit might want to say.

Set a timer for at least five minutes of quiet and settle into a comfortable spot. Take a few deep breaths to settle into the silence. Open yourself up to the agenda of the Spirit without expectations and ask, “Is there anything you want me to know about today?”

Thoughts and distractions will arise, so just acknowledge them and allow them to pass. Even though it may feel awkward or difficult to stay in the moment, try to embrace the vulnerability and allow the Spirit to guide the moment.

It’s unlikely that you will hear an audible voice, but how do you sense God nudging you? When the timer runs out, take a few moments to pray about anything that came up.