



CORNERSTONE REFLECTION GUIDE

MARCH 16, 2025

Title: Leap of Faith: What are you afraid of?

Preacher: Hannah Buchanan

Scripture: Hebrews 11:1, 23-28

What are you afraid of? How does fear hold you back or keep you from living by faith? In this week's sermon, we look at the family of Moses whose faith toppled the most powerful empire in the world. They had *much* to fear, but by putting their hope in the right place, and being faithful in ordinary moments, this family changed the course of history. If we are to cultivate lives that produce faithfulness, our fear of God must be greater than our fear of everything else.

DISCUSSION QUESTIONS

1. What stuck out to you about this sermon? Was there an idea that was particularly meaningful or challenging for you?
2. What are some common fears we face that can potentially hold us back from living by faith or keep us from experiencing the life God has for us?
3. Read Hebrews 11:23-28. Faithfulness is not always about what we do; it is also about what we *don't* do. How does the life of Moses and his family shape your understanding of living by faith, especially in terms of resistance toward things that get in the way of faithfulness?
4. How does having an eternal perspective change the way we view our circumstances and address the fear we may experience?
5. In what ways can we support each other in choosing faith over fear when facing difficult decisions or challenges?

WEEKLY PRACTICE

As followers of Jesus, we are called not just to learn about God, but to be *with* God. Our faith is, first and foremost, a relationship with our Creator, and just like any relationship, it requires time and intentionality. One of the ways we spend intentional time with God is through the practice of prayer. Whether you've been talking with God all your life, turn to prayer solely when you're desperate for your favorite team to win, or have never prayed at all, we believe when you turn your attention to God in prayer, God hears you.

This week, **practice praying the psalms**, specifically those that deal with fear (see Psalm 27, Psalm 34, and Psalm 56 to get you started). Pick a verse or short passage and read it through twice. What thoughts or feelings jump out at you? Now read it again a third time. Only this time, don't just read the words—pray them back to God! Don't be afraid to change the language and add thoughts of your own. Make it personal!